

A Cross-Sectional Study on Syndrome Distribution of 982 Patients With Cardio-Cerebral-Vascular Diseases

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ABSTRACT Objective To research the syndrome distribution of cardio-cerebral-vascular diseases (angina pectoris complicated by infarction due to atherosclerosis and thrombosis) based on clinical epidemiology survey. **Methods**

The diagnostic information of 982 patients with cardio-cerebral-vascular diseases was collected in 11 hospitals with a cross-sectional survey. The syndromes, syndrome elements and distribution of diagnostic information were analyzed.

Results The most common syndrome was excess syndrome, followed by syndrome of intermingled deficiency and excess and deficiency syndrome was the least. The common syndromes were syndrome of intermingled phlegm and blood stasis, syndrome of wind-phlegm blocking collaterals, syndrome of qi deficiency and blood stasis and syndrome of deficiency of both qi and yin, with a ratio greater than 5%. The common syndrome elements were phlegm, stasis, yin deficiency, qi deficiency, wind and yang hyperactivity, with a frequency higher than 10%. In the distribution of syndrome elements, phlegm was frequently seen in men and yin deficiency and qi deficiency was frequently seen in women. For all ages, the syndrome elements in descending order were phlegm, stasis and yin deficiency. There was a significant decrease of phlegm and wind and a slight increase of yin deficiency and qi deficiency with age. The common symptoms were hemiplegia, limb movement disorder, chest tightness, chest pain, dizziness and fatigue, with a frequency higher than 60%. **Conclusion** The common syndromes of cardio-cerebral-vascular diseases are excess syndrome and syndrome of intermingled deficiency and excess. The common syndrome elements are phlegm, stasis and deficiency, with a certain relationship with gender and age.

Keywords cardio-cerebral-vascular diseases; angina pectoris; atherosclerosis; infarction; cross-sectional survey; syndrome element; syndrome

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中华中医药学会生殖医学分会成立 暨第四次全国中医生殖医学学术研讨会征文通知

由中华中医药学会主办,河南省中医院、河南省中医药学会生殖医学分会共同承办的中华中医药学会生殖医学分会成立暨第四次全国中医生殖医学学术研讨会定于 2014 年 8 月 15 日~17 日在郑州召开,有关事项通知如下。

一、征文内容:1. 中医、中西医结合治疗各种原因所致不孕不育的新技术和新方法;2. 全国名老中医治疗不孕不育症经验;3. 中医生殖医学理论探讨;4. 中医、中西医结合治疗不孕不育机制的研究成果;5. 中医药在现代辅助生殖技术中应用的研究思路和方法;6. 中医药在生殖保健和优生方面的研究成果;7. 中医、中西医结合治疗与生殖健康相关疾病(如慢性盆腔炎、前列腺炎、性功能障碍等)的临床经验与研究成果;8. 关于不孕不育、生殖保健和优生优育等方面的中医文献研究;9. 中医、中西医结合治疗不孕不育的最新研究进展。二、征文要求:1. 来稿限 3000 字以内,附 500 字以内中文摘要。2. 本次会议全部采用网上投稿,请用 Word 格式,注明作者姓名、单位、邮编,联系电话,发送至 zy60908736@163.com 邮箱。3. 截稿日期:2014 年 7 月 20 日。三、参加人员:全国各级各类医院不孕不育科、生殖中心、中医妇科、妇产科、男科和相关科室临床医师;高等院校、科研院所及企业从事该领域研究开发的科研人员。特别提示:会议期间同时举办国家继续教育项目“第四届全国不孕不育中西医结合诊疗新技术研修班”,授予国家继续教育 I 类学分。四、会议地点:河南郑州国际饭店(中州智选假日酒店)。会议通知请至河南省中医院网站:www.hnszyy.com.cn“科学研究”栏目下载或至 <http://health.dahe.cn/zt/zynk/>“学会专栏”中下载。如要及时了解更多信息,请加入中华中医药学会生殖医学分会(筹)微信平台,微信号:zy201468。五、联系方式:地址:郑州市东风路 6 号河南省中医院(邮编:450002)。联系人:孙自学(0371-60908730, 13937105329)、陈建设(0371-60905757, 15838262155)、宋艳丽(13733806323)。